



## Communicable Disease Prevention Plan

Although there are no Provincial covid restrictions on sport as we begin a new season of rowing, there remain varying levels of comfort amongst individuals when it comes to indoor and outdoor group activities. Covid + cases continue to occur, although at much lower numbers as we get further away from the initial 2020 outbreak. 4<sup>th</sup> and 5<sup>th</sup> vaccine doses are conversation topics.

The KRC continues to support a **Communicable Disease Prevention Plan (CDPP)** for our Club Operations this season. Should infection numbers change and Public Health Orders re-mandate tighter restrictions, the KRC Covid Pandemic Plan will respond accordingly as directed by sport governing bodies provincially and nationally.

**A CDPP means Club Operation and each Member's Behaviour will mirror what is described below. Failure to maintain appropriate and safe behavior will carry one warning from Club Executive, then cancellation of membership for the season with no refund.**

- **Vaccination Status** and other tracking information will not be gathered at the Club this year unless the Public Health Officer's directives change and direct us to resume these tracking practices.
- **Masks** are optional and a personal choice, but highly encouraged to protect yourself and others. If you can't maintain a 2m distancing between yourself and others while outside the field of play ( eg. not in a rowing shell on the water), consider masking.
- **If you are not feeling well**, do not come to the Club until you are well and test negative for Covid. Please advise the KRC Coach ( [kamloopsrowing@gmail.com](mailto:kamloopsrowing@gmail.com)) of your status prior to returning to rowing.
- **Disinfecting your hands** when you are with us upon your arrival and departure.
- **All equipment used will be washed** with soap and water, rinsed with clean water then dried.
  - Blade Handles and shaft to collar.
  - Full boat hull, deck, cockpit, seat, oarlocks, rigger
  - Wipe the buckle on your life jacket with soapy water, then rinse clean/dry.
- Be cognizant of others and **maintain a 2m space** from others while onsite and outside the field of play.
- **Boathouse maximum of 4 members** at any one time

The 2023 KRC Board of Directors