

KAMLOOPS ROWING CLUB
EMERGENCY ACTION PLAN 2023

CONTACT INFORMATION

- Emergency Phone Number: **911**
- Shumway Clubhouse Phone: **250-851-0523**
- Lake Address: **5156 Princeton Kamloops Hwy**

Address Description

- 20 km on Hwy 5A from Knutsford-heading South
- 1st lake at the bottom of the steep hill
- Turquoise Boathouse with KRC Signage
- Site Entrance: Left Turn after Boathouse

ROLES & RESPONSIBILITIES ONSITE

- **1ST CALLER:** ACTIVATE 911/ Stay by Clubhouse Phone
- **2ND PERSON:** GO TO HIGHWAY/Flag down ambulance
- **3RD PERSON:** GRAB RED BINDER AND STAY WITH COACH
 - Provide communication between 1st CALLER and COACH
- **COACH:** STABLIZE ROWER/Continually assess until EMS arrives.
Fills out accident report.
- **1ST CALLER:** ONCE EMS ARRIVES: Call Emergency Contact Number for injured rower.

2023 KRC Executive Contact Information	
President: Janine Chan <ul style="list-style-type: none">• 250-372-1787• 250-314-4990 (cell)	VP: Ian MacDonald 250-318-4632