



PARTICIPANT AGREEMENT

Directions: Please initial where there is a space provided: _____

_____ I have read and completed all modules of the online, RCA Safety Modules.

_____ I have read, understand and will follow, to the best of my abilities, the Kamloops Rowing Club (KRC) Communicable Disease Prevention Plan (CDPP).

_____ I have read, understand and will follow, to the best of my abilities, the KRC Safety Manual.

_____ I agree to stay home, away from the Club should I be experiencing any symptoms of feeling unwell that also could relate to possible Covid-19 symptoms as described in the BC Thrive Online Assessment (URL: <https://bc.thrive.health/covid19/recommendation/en>).

_____ I agree to sanitize my hands 3x while onsite: (1) upon arrival at the boathouse (2) return from the dock after completing my rowing activities, prior to beginning the washing and disinfecting of my equipment and (3) leaving the boathouse to head home.

_____ I agree to wash with soapy water/rinse/ sanitize with Lysol wipes all equipment used during my practice with approved cleaning products provided by the club. I will supply my own clean gloves to wash my equipment to protect my skin from antiviral solution (Lysol).

_____ Items to be washed/disinfected are: my oar handles and upper part of the blade shaft, my boat including oarlocks, seat and gunwhales of the cockpit, belt-clip of the PFD

_____ I agree to follow current social distancing protocols (2-3M), as best I can, while at the sport venue. Should I feel uncomfortable with the dynamic spacing during my time @ the venue, I am encouraged to wear my personal, 3 ply, mask which will protect others and myself from possible disease transmission.

_____ I agree to not share any equipment during practice times.

_____ I understand that if I do not abide by the aforementioned policies/guidelines and after 1 warning from the KRC coach, it could result in suspension of my current Club membership and no refund will be forthcoming.

_____ I acknowledge that there are risks associated with entering Club facilities and/or participating in Club activities, and that the measures taken by the Club and participants, including those set out above and under the CDPP will not entirely eliminate those risks.

Your full signature _____ Date _____